



## SAINT GABRIEL SCHOOL

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*4A Catholic Community Devoted to Academic Excellence and Christ's Call to Discipleship*

### **School Health Policy**

*This letter is to provide you with information about State and School Health Policies.*

**PLEASE KEEP THIS WITH YOUR HANDBOOK FOR FURTHER REFERENCE.**

**MEDICATION POLICY:** If it is absolutely necessary that your child use medication during school hours, on an as-needed basis or for emergency use, the medication must be in the original container, with the pharmacy label attached, and accompanied by a completed Medication Authorization form signed by the physician and the parent. Over-the-counter medications must also be labeled with the child's name, be in the original container, and accompanied by a completed Medication Authorization signed by the physician and the parent.

**STATE LAW requires a physician's written order and parent/guardian authorization for all prescription and non-prescription medications to be administered at school.** Forms are available at the Health Office, on the school's website, and from a physician's office.

**MEDICATIONS must be delivered to the school nurse or office by a parent or responsible adult.** No child is to bring in medication and none will be sent home with a child.

**FOOD shared with classmates must contain NO peanuts, peanut butter, peanut oil, tree nuts, or any other nut.** There are some children with life threatening allergies to these products. Please check ingredient labels carefully. These items are in many foods you would not expect. A Peanut-Free Table is available in the cafeteria for any student wishing to sit there at lunch. In addition, a list of other food allergies in your student's class may be provided to parents as necessary.

**DOCTOR'S NOTES:** If your child is injured or has a medical condition that requires being excused from gym class or other physical activities, the parent must obtain a doctor's note stating the child's diagnosis, the reason why he/she is to be excused, and for how long.

**HEALTH SCREENINGS:** Students will have vision and hearing screenings in the fall according to state requirements. Postural (scoliosis) screening is done in March for female students in Grade 5 and 7 and males in Grade 8. Parents will be notified of any screening out of normal range. Screenings may be omitted if parents give a written request to opt their child out of the screenings.

**ABSENCES:** Please call the school in the morning, by 8:30 am, if your child will not be in school. We **need** to know where your child is if they are not in school. **This is a safety issue.**

**EMERGENCY INFORMATION:** Please notify the health office of any health or medication changes throughout the school year. Also, please notify the school office with any emergency contact phone number changes. These are all important for the health and safety of your child. We need to keep up to date information in case of an emergency.



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### **State-Mandated Health Requirements\* for School Entry** ***For Students entering Grades K-8 / 2023-2024 School Year***

#### **STUDENTS FROM OUT-OF-STATE**

Students must have a physical within the past year. It must be completed on a blue Connecticut Health Assessment form (available at the school health office, school website, and most physician's offices). An out-of-state doctor who performed the physical may fill it out.

#### **PHYSICAL EXAM REQUIREMENTS BEFORE ENTRY INTO SCHOOL**

PreK: Physical exam in year of entry to school

GRADE K: Physical exam in year of entry to school

GRADE 7: Physical Exam before Grade 7 dated after June 1<sup>st</sup> of previous year and the blue Connecticut Health Assessment form with all areas completed. The Connecticut Health Assessment form can be obtained from the health office or on the school's website. TDAP and Meningococcal vaccines **MUST** all be completed during this time.

NEW STUDENTS: Physical exam in year of entry to school

#### **IMMUNIZATION REQUIREMENTS**

\*There are **NO** religious exemptions\*

Please refer to the immunization requirements mandated by the State of Connecticut.

***\*Please Note: If these requirements are not met, your child will not be allowed to start school. This will be strictly enforced.***

***\*If your child has not completed vaccine requirements DURING the school year, such as influenza vaccines every year between August 31<sup>st</sup> and December 31<sup>st</sup> for Pre-K, they will not be allowed to return to school after deadline if requirement not completed.***

Thank you for your cooperation in these matters. We are looking forward to a safe and healthy new school year.

Mrs. Beth Caruso  
School Nurse